1. **Протоколы контрольных нормативов (тестов) по общей физической и специальной**
2. **физической подготовки для вратарей, отделение футбол**

**Тренер\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, возраст\_\_\_\_\_\_\_\_\_\_\_, дата приема\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.**

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| **№** | **Ф.И.О.****Осень\_\_\_\_\_\_\_\_\_\_\_****Весна\_\_\_\_\_\_\_\_\_\_\_****ИТОГ\_\_\_\_\_\_\_\_\_\_** | **Для вратарей** |
| **Доставание подвешенного мяча в прыжке (см)** | **Удары по мячу ногой с рук на дальность (м)** | **Бросок мяча на дальность (м)** |
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